

*Instrumental
Workshop
2020*

- Equipping musicians for excellence -

- Welcome -

Greetings, fellow musicians!

We are excited to welcome you to the Instrumental Workshop, 2020! Beginning on August 1, you will have the opportunity to learn from outstanding instructors in a hands-on musical environment where the first priority is to honor the Name of Christ.

In this setting, you will work towards musical and spiritual goals individually and corporately—goals that will prepare you and your classmates for greater service to the King of kings.

In the following pages, you will find the guidelines, packing lists, travel details, and recommendations that will prepare you for the course. Please check out our [Frequently Asked Questions page](#) for answers to other inquiries you may have. If you have additional questions, email the Music Office at music@iblp.org, or call (903) 636-2000.

As the class start date draws nearer, please be in prayer that:

- God will prepare you mentally, physically, and spiritually for all that He has in store for you during this course
- God will unify the hearts of all that are attending and instructing
- God would glorify His Word and His Name above all else

See you in Texas on August 1!

For His Glory,
The Instrumental Workshop Team

“ . . . with my song will I praise Him.” Psalm 28:7

-Orientation Manual -

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1. Core Values

Excellence

In all our settings and interactions, we want to show respect for a professional environment and conduct ourselves in such a manner that brings glory to the King of kings.

Respect

Deferring personal preferences contributes to excellence as a whole. As we come together from countless different backgrounds, we have the opportunity to limit our personal freedoms so that we may build a God-honoring spirit of unity as a class.

Encouragement

Through attitudes of gratefulness, contentment, and humility, we want to encourage each other through every aspect of the course.

This course is an opportunity for you to build healthy relationships with your classmates and instructors, advance your skills, and honor the Lord in your heart and in your actions.

Join us in sharing these values as we come together to glorify God!

2. *What to Expect*

a. A Day in the Life: We're here to work on our instruments, right? So that's what several hours each day will consist of... along with meals, devotions, free time, recreation, and some fun surprises!

Expect the flow of each day to look something like this:

6:30am - Wake up / Personal Time
7:30am - BREAKFAST
8:15am - Group Devotions
9:00am - 12:00pm: Coaching Session / Personal Practice Sessions
12:30pm - LUNCH
1:30pm - 4:30pm: Rehearsal / Personal Practice Sessions
4:30pm - 5:30pm: Free time!
5:30pm - 7:00pm: Dinner / Free time
7:00pm - Group Session
8:00pm - Ensemble Rehearsal
9:00pm - CURFEW
10:00pm - Lights Out

b. Meet The Instructors: Coming from across the nation from a variety of professional backgrounds, we are bringing in instructors to coach each family of instruments. Here's what we look for in our instructors:

- Individuals who have committed their lives to honoring the Lord Jesus Christ
- Qualified professionals who can competently teach their instrument
- Passionate and humble performers who can inspire their students
- And... we also like people that are fun to be around. So, expect a fantastic week!
- [Meet the instructors who are coming to the 2020 workshop!](#)

3. *What to Bring*

- You + your instrument(s) (pianos will be provided)
- Bible & journal
- Portable music stand (for string & wind players)
- Tote bag or backpack for music and practice materials
- Pens and pencils for taking notes during lessons / sessions
- Notebook or journal for extra notes and devotions
- Smartphone or device, to record video or audio on during practice times
- Metronome -- we highly recommend the Pro Metronome app:
 - [Pro Metronome for iOS](#)
 - [Pro Metronome for Android](#)
- Your favorite snacks!
- Laundry detergent and supplies for doing your laundry during the week, if needed
- \$2.50 in quarters per load of laundry (there is a full laundry room in each dorm)
- Umbrella & jacket
- Money or card for the campus store or supplemental music items (instructors may bring resources that you want to purchase, and the campus store also has a coffee shop!)
- Clothing for the classroom, concerts, and recreation (see next section.)

For students that are flying: you will be given a folder of class notes at the course, equivalent to a ½ “ binder. Hopefully knowing this ahead of time allows you to plan your luggage accordingly.

[What NOT to bring]

- Contemporary music that may be questionable or distracting for you or your fellow classmates
- Video Games (if you have gaming on your phone or device, you will be asked to refrain from accessing it for the entire duration of the course)

MAIL: Letters and packages can be sent to (Students' name), C/O Sound Foundations, One Academy Blvd, Big Sandy, TX, 75755

4. *What to Wear*

Lead the way among your classmates by wearing clothing that is traditional, classic, and professional, inviting your peers to take you and your skills seriously. As we focus on equipping students for excellence, our choice of clothing can drive us toward or distract us from that goal.

Young Ladies' Attire

In the Classroom

Wear this: Professional and feminine outfits: blouses/dress tops w/skirts or dresses (Pants for females are only allowed during recreation times.). Modest fitting clothes that do not accentuate anything physical.

Not that: Sleeveless tops, shirts that cling and accentuate the chest, skirts that come above the knee when sitting, any kind of ragged or lettered clothing, sneakers, flip-flops, or clothing that is decidedly trendy or casual.

In Recreation

Wear this: Modest-fitting shirts that do not show skin/cleavage in athletic positions. Skirts that reach over the knees when standing with leggings/pants underneath (pants must reach over the knee), or loose fitting capris (below the knees) or pants. Casual shoes: sneakers, flip flops, etc.

Not that: tank tops, sleeveless tops, shorts, or any stretchy and tight-fitting clothing

In Concert

Wear this: Formal, solid black tops/skirts or dresses. Sleeves must reach over shoulders, skirt must reach ankles or floor. Sashes or rosettes (provided at course)

Young Mens' Attire

In the Classroom

Wear this: Professional and masculine outfits: dress slacks and collared shirts; ties are appropriate but not required.

Not that: Skinny jeans, tight-fitting shirts, any kind of ragged or lettered clothing, sneakers, flip-flops, or clothing that is decidedly trendy or casual.

In Recreation

Wear this: Modest-fitting shirts that do not show skin in athletic positions. Loose-fitting pants or shorts that reach the knees when standing. Casual shoes: sneakers, flip flops, etc.

Not that: Shorts that are too short (above the knee), sleeveless tops, or any stretchy and tight-fitting clothing.

In Concert

Wear this: Black suits with white shirts underneath. Ties (provided at course).

For your planning purposes, here are the recreational options: full-size track, disc golf course, basketball and volleyball courts, a lakefront with canoes (used under supervision, with lifejackets, and at scheduled times), walking areas, and more.

5. *What to Do About:*

A. Guy & Girl interactions

In the classroom and on the campus, we will all come together to serve the Lord and honor each other. Remember the core values of Sound Foundations in all your interactions, and let purity be your guiding principle as you interact with your brothers and sisters in Christ. Below are some further guidelines.

What is okay:

- Interacting professionally in GROUP and public settings
- Conversing around the course content, and engaging in discussions and activities that build fellow students up in the course
- Treating all classmates of the opposite gender as equals in pursuit of the common goal: excellence as individuals for the glory of God and maintaining a respectful level of restraint in all interactions.

What is NOT okay:

- Interacting casually in PRIVATE or enclosed settings
- Conversing extensively outside of course content, and engaging in activities that are not scheduled or do not relate to the course
- Treating certain classmates of the opposite gender with special attention, or engaging in actions and conversations that could be regarded as flirtatious or too inviting

B. Music guidelines

At this course, our choices of musical repertoire are conservative, drawing from classical or sacred selections that will feed students mentally and spiritually. We avoid contemporary styles that may be edifying in some settings, but could cause conflict in

others. We want to teach you how to be excellent in music, and upon your return home, it is up to you to seek the Lord on how “excellence in music” looks in your own life and ministry.

This means don’t worry about bringing your own music for listening or pastime. Think of your time here in this way: If you were a culinary student attending a cake-baking workshop, you would leave your grilling supplies at home. Since you are attending a course that is focused more on classical and conservative music, leave other music at home. In this way, you and your classmates can benefit the most from the goals and opportunities of this environment. When in doubt, err on the side of conservatism.

Exception: if you have music that needs to be rehearsed during your time at the course for professional or required purposes, let us know! Bring your music along and we will make sure it is appropriate and that you have sufficient time to meet your teacher’s or job’s requirements within the classroom schedule. If you have questions, contact the Music Office (music@iblp.org).

6. How to Prepare

For masterclasses: Prepare a single solo piece on your instrument - preferably sacred or classical. At the beginning of the class, you will have a chance to sign up for coaching, and audition for Masterclasses. Have your selections performance-ready by the start of the class, as practice time there will be limited.

For ensembles: If you are an intermediate-advanced instrumentalist, prepare a piece on your instrument that you can use for an audition at the beginning of the course! You will be asked to sight read some excerpts and play some scales/arpeggios in this audition, so brush up on those skills as well!

For the daily routine: Practice! This workshop is a time for you to spend concentrated hours on your instrument. Expect to practice several hours daily during the week. Some of this will take place in ensembles, and most of it you will do as an individual.

For group activities: We have two theme songs for this workshop that we will use throughout the week, so be sure to learn these ahead of time! Lyrics and music to both these hymns are in the public domain and can be found at hymnary.org.

[Come, Christians Join to Sing](#) (by Christian H. Bateman)

[How Can I Keep From Singing](#) (by Robert Lowry)

7. How to share about this class

It's not too late to bring a friend! Registration is open until July 15. To share this course, use this link: www.familyconferences.org/instrumentalworkshop. For additional information or to request brochures, contact the ATI office at (903) 636-2000, or at ati@iblp.org.

Here are some sample talking points as you update your friends and family on where you will be going this summer:

YOU: "I am headed to a one-week music workshop in northeast Texas this summer!"

FRIEND: "Sounds like fun! What do you think it will be like?"

YOU: "Well, I expect it to be a fun and intense week of working on my instrument! I hope to learn a lot and come back as a stronger player, and with a bigger vision on how to use my instrument to serve the Lord and glorify Him.

FRIEND: "Great! Give me some details..."

YOU: "In class, I'll get to study with instructors from around the nation, and work with them on practice and performance techniques. Outside of class, I'll have some free time and opportunities to fellowship with other students. Hey, you should come!"

8. Final Concert Info

WHO: for family & friends of the students

WHAT: musical presentation by the Instrumental Workshop Class of 2020

WHEN & WHERE: August 7, 6:30 — 9:30 p.m. at the International ALERT Academy, Auditorium

Evening program:

- 6:30 p.m.—Presentation by the Workshop Musicians & Instructors
- 8:30 p.m.—Open reception for students & instructors, with their families & friends

We would love for your friends and family to reserve meals and lodging on campus around when they bring you to the course, or for the final concert! All meals, including a continental breakfast, and full lunch and dinner are served in the campus dining hall. Our dining hall features a full cafeteria line, so there are always plenty of options - including options for those who are gluten free! (Must be pre-reserved.)

- Adult Lunches/Dinners: \$8 (ages 12+)
- Child Lunches/Dinners \$6 (ages 4–11)
- Continental breakfasts (weekdays): \$6/adult, \$4/child
- Hot breakfasts (Wednesday): \$8/adult, \$6/child
- Gluten-Free meals: \$10/adult, \$8/child

For lodging, Private Rooms are \$85/night, Semi-Private Rooms are \$75/night, & Cabins are \$40/night.

To reserve your meals or lodging, or for more info, contact our Events Department at 903-636-9201 or email: events@alertacademy.com

9. *Travel Details*

Please complete the [Travel Information form](#) by July 20th.

FOR THOSE DRIVING:

Please arrive at the the International ALERT Academy (One Academy Blvd, Big Sandy, TX, 75755) by 4:30pm on Saturday, August 1st. Dinner is provided in the dining room from 4:30 — 5:00pm, and registration will take place in the dining room at 5:30 — 7:00pm. Please plan to leave by 12:00pm on Saturday, August 7th. If you are interested in carpooling, let us know so we can connect you with other students.

FOR THOSE FLYING:

Flight Arrivals

- Class staff will meet you at airlines' arrival curb.
- For flights into Dallas Fort Worth (DFW) or Dallas Love Field (DAL), plan to arrive before 2:30pm on Saturday, August 1st.
- For flights into Tyler Pounds Regional Airport (TYR), or East Texas Regional Airport in Longview (GGG), plan to arrive before 3:30pm on Saturday, August 1st.

Flight Departures

- Class Staff will deliver you back to your departing airline curb for your departing flight.
- For DFW or DAL, plan to depart after 12:30pm on Saturday, August 7th.
- For TYR or GGG, plan to depart any time after 8:00am on Saturday, August 7th.

For travel questions, call the ATI office at (903) 636-2000.