

2019 FAMILY CONFERENCE MENU

Breakfast

Lunch

Dinner

Mon.			Baked Chicken Corn Green Beans Tossed Salad Brownie Dessert
Tues.	Continental Breakfast: Hard Boiled Eggs Coffee Cake Granola/Cereal Bagels (Cream Cheese) Yogurt Oatmeal	Sloppy Joes Macaroni Salad Chips Cherry Salad	Swedish Meatballs Rice Green Peas Tossed Salad Apple Crisp
Wed.	Continental Breakfast: Hard Boiled Eggs Blueberry Muffins Granola/Cereal Bagels (Cream Cheese) Yogurt Oatmeal	Bbq Chicken Sandwiches Veggie Tray Chips Watergate Salad	Taco Bar Peach Cobbler
Thurs.	Continental Breakfast: Scrambled Eggs Sausage Links Granola/Cereal Bagels (Cream Cheese) Oatmeal	Sub Sandwiches (Turkey, Ham, Roast Beef) Pasta Salad Chips Orange Salad	Italian Marinated Chicken Spiced Rice Broccoli/Cauliflower Tossed Salad Cheddar Biscuits Dump Cake

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Fri. Continental Breakfast:
Hard Boiled Eggs
Baked Oatmeal
Granola/Cereal
Bagel (Cream Cheese)
Yogurt

Chili Dogs
Chips
Veggie Tray
Jello Salad

Spaghetti Pizza
Caesar Salad
Breadsticks
Chocolate Chip Cake

Sat. Continental Breakfast:
Hard Boiled Eggs
Granola/Cereal
Bagel (Cream Cheese)
Yogurt
Oatmeal

Chicken Caesar Wraps
Chips
Magic Bars