

## Family Conference Menu 2018

### Saturday, April 21

Brunch: Fruit Salad, Scrambled Eggs, Bacon, Hashbrowns, Whole Wheat Pancakes/Syrup, Milk/Juice/Coffee

Dinner: Salad, Baked Potato Bar, Ground Beef, BBQ Chicken, Cheese, Butter, Sour Cream, Bacon, Green Onions, Rolls

### Sunday, April 22

Breakfast: Fruit, Steamed Eggs, Banana Muffins, Yogurt, Cereal, Milk/Juice/Coffee

Lunch: Whole Fruit, Sub Sandwiches (Meat/Cheese, Spinach, Tomatoes, Cucumbers, Black Olives, Peppers, Purple Onions, Pickles, Mayo, Mustard, Chipotle Ranch), Potato Chips, French Onion Dip, Oatmeal Cookies

Dinner: Salad, Chili, Cheese, Sour Cream, Onions, Cornbread, Whole Fruit

### Monday, April 23 (meal packages start with Monday dinner)

Breakfast: Fruit, Waffles/Syrup, Over Easy Eggs, Turkey Bacon, Yogurt, Cereal, Milk/Juice/Coffee

Lunch: Salad, Honey Dijon Chicken, Broccoli, Pita Chips, Hummus, Grapes, Bottled Water

Dinner: Salad, Meatballs, Mashed Potatoes, Brown Gravy, Glazed Carrots, Rolls, Butter, Honey, Carrot Cake

### Tuesday, April 24

Breakfast: Fruit, Egg Bake, Cranberry Greek Yogurt Coffeecake, Yogurt, Cereal, Milk/Juice/Coffee

Lunch: Salad, Homemade Bread, Turkey/Roast Beef, Cheddar/Provolone, Lettuce, Tomatoes, Pickles, Mayo, Mustard, Loaded Potato Broccoli Soup, Snickerdoodles, Bottled Water, Whole Fruit

Dinner: Salad, Dreamy Fettuccini, Green Beans, Garlic Bread, Italian Crème Cake

### Wednesday, April 25

Breakfast: Fruit, Biscuits & Gravy, Scrambled Eggs, Hashbrown Casserole, Yogurt, Cereal, Milk/Juice/Coffee

Lunch: Salad, Hamburgers, Cheese, Lettuce/Tomatoes, Onions/Pickles, Mayo/Mustard/Ketchup, Chips, Chocolate Chip Cookies, Bottled Water, Whole Fruit

Dinner: Salad, French Onion Chicken and Rice, Normandy Vegetables, Applesauce, Rolls, Butter, Honey

### Thursday, April 26

Breakfast: Fruit, Baked Oatmeal, Spinach/Cheese Quiche, Yogurt, Cereal, Milk/Juice/Coffee

Lunch: Salad, Chicken Wraps, Cheese, Lettuce/Tomatoes, Ranch/Chipotle Ranch, Sun Chips, Bottled Water, Whole Fruit, Caramel Apple Pretzel Salad

Dinner: Taco Bar (Tortillas/Taco Shells, Beef, Chicken, Beans, Shredded Lettuce, Tomatoes, Cheddar Cheese, Sour Cream) Salsa, Guacamole, Tortilla Chips, Banana Pudding

### Friday, April 27 (meal packages conclude with Friday dinner)

Breakfast: Fruit, Cheddar Omelets, Blueberry Muffins, Yogurt, Cereal, Milk/Juice/Coffee

Lunch: Salad, Chicken Sandwiches, Lettuce/Tomato, Cheese, Mayo/Mustard, Chips, Cranberry White Chocolate Cookies, Bottled Water, Whole Fruit

Dinner: Salad, Pizza, Sweet Tea, Fudge Brownies

### Saturday, April 28

Breakfast: Fruit Salad, Cinnamon Rolls, Scrambled Eggs, Sausage Patties, Yogurt, Cereal, Milk/Juice/Coffee

Lunch: Salad, BBQ Sandwiches, Pickles and Onions, Provolone, Potato Salad, Corn on the Cob, Cookies

Dinner: Salad, Vegetable Beef Soup, Grilled Cheese Sandwiches